

# Activities

Our Physical Education & Sports Department Organizes every Year International Yoga Day, Sun Solution Day, Best Practice, Skill training, Special Game wise training Camp. Having access to the proper meditation, physical fitness techniques can help Girls & Boys boost their confidence. This significant knowledge can help us keep calm.

We also provide coaching/ Training for the above-mentioned games. Our students participate in competitions Inter-college, state/ West Zone/ All India University.

The department also organized Annual Sports meet. There was Department organized various activities like guest lecture, wall paper presentation. Successful players are given cash as well as gifts from the college as prizes.

